TRAININGSSCHEMA 2026-2027 MAANDAG EN WOENSDAG

V 3.8	23-nov	25-nov	30-nov	2-dec	7-dec	9-dec	14-dec	16-dec	21-dec	23-dec		Kkamer	
17.45	#1Ma	#1Wo	#2Ma	#2Wo	#3Ma	#3Wo	#4Ma	#4Wo	#5Ma	#5Wo		Ma	Wo
O7-	O7-TEAMS Ma en Wo Veld 4 linker strafschopgebied (Zijlijnen-achterlijn-16mtr)											11	11
O8-1	5A1	5A1	4M1	5A1	4M1	5A1	4M1	5A1	4M1	5A1		10	10
O8-2	NIET	5A2	4M2	5A2	4M2	5A2	4M2	5A2	4M2	5A2		10	10
O8-3	NIET	4B2	5B2	4B2	5B2	4B2	5B2	4B2	5B2	4B2		10	10
												6	*6*
O9-1	5A2	4M1	5A1	4M1	5A1	4M1	5A1	4M1	5A1	4M1		3	3
O9-2	NIET	4M2	5A2	4M2	5A2	4M2	5A2	4M2	5A2	4M2		3	3
O9-3	NIET	4B1	5B1	4B1	5B1	4B1	5B1	4B1	5B1	4B1		3	3
												6	*6*
MO11-1	5B	5B	4B	5B	4B	5B	4B	5B	4B	5B		2	2
MO13-2	5B	5B	4B	5B	4B	5B	4B	5B	4B	5B		2	2
												12	*12*
												12	*12*
19.00	#1Ma	#1Wo	#2Ma	#2Wo	#3Ma	#3Wo	#4Ma	#4Wo	#5Ma	#5Wo		Ma	Wo
O13-2	5B	5A	4A	5A	4A	5A	4A	5A	4A	5A		5	5
O13-3	5B	5M	4M	5M	4M	5M	4M	5M	4M	5M		7	7
												4	4
O16-1	5M	4A	5A	4A	5A	4A	5A	4A	5A	4A		1	1
O14-2	NIET	4M	5M	4M	5M	4M	5M	4M	5M	4M		8	8
MO17	5A	4B	5B	4B	5B	4B	5B	4B	5B	4B		9	9
20.15	#1Ma	#1Wo	#2Ma	#2Wo	#3Ma	#3Wo	#4Ma	#4Wo	#5Ma	#5Wo		Ma	Wo
Zat3	5A		5A		4A		5A		4A			10	
Zat4	5B		5M		4M		5M		4M			6	
O19-2		4M		4M		4M		4M		4M			11
O19-3	4M		5B		4B		5B		4B			12	12
O23-2	5M		4A		5A		4A		5A			3	
O23-3	4B		4M		5M		4M		5M			2	
Zat2		4A		5A		4A		5A		4A			6
S2 NIET													
S3		4B		5B		4B		5B		4B			10
S4		5A		4A		5A		4A		5A			2
S5		5B		4B		5B		4B		5B			3
O23-1	4A		4B		5B		4B		5B			11	

#	Weeknr.	Maandag
1		
2		
3		
4		
5		
6		

CLUBHUIS		
O7	4M1	4B1
O7	4M2	4B2
5A1		5B1
5A2		5B2

LET OP:

"A" is de zijde woonwijk!

CLUBHUIS		
4A	4M	4B
5A	5M	5B

CLUBHUIS		
4A	4M	4B
5A	5M	5B

TRAININGSSCHEMA 2026-2027 DINSDAG EN DONDERDAG

V 3.8	24-nov	26-nov	1-dec	3-dec	8-dec	10-dec	15-dec	17-dec	22-dec			Kkamer	
17.45	#1Di	#1Do	#2Di	#2Do	#3Di	#3Do	#4Di	#4D0	#5Di			Di	Do
	KEEPERSTRAINING PLEKJE OP VELD 4											5	5
010-1	5A	4B	5A	4B	5A	4B	5A	4B	5A			2	2
010-2	5A	4B	5A	4B	5A	4B	5A	4B	5A			2	2
010-3	5A	4B	5A	4B	5A	4B	5A	4B	5A			2	2
												13	*13*
O11-1	4A1	5A1	4A1	5A1	4A1	5A1	4A1	5A1	4A1			3	3
O11-2	4A2	5A2	4A2	5A2	4A2	5A2	4A2	5A2	4A2			3	3
O11-3	4B3	5B1	4B3	5B1	4B3	5B1	4B3	5B1	4B3			1	1
O11-4	4B4	5B2	4B4	5B2	4B4	5B2	4B4	5B2	4B4			1	1
O12-1	5B	4A	5B	4A	5B	4A	5B	4A	5B			10	10
O12-2	5B	4A	5B	4A	5B	4A	5B	4A	5B			10	10
O12-3	5B	4A	5B	4A	5B	4A	5B	4A	5B			11	11
												14	*14*
19.00	#1Di	#1Do	#2Di	#2Do	#3Di	#3Do	#4Di	#4D0	#5Di			Di	Do
	KEEPERSTRAINING PLEKJE OP VELD 4											5	5
O13-1	4A	5A	4A	5A	4A	5A	4A	5A	4A			4	4
O14-1	4M	5M	4M	5M	4M	5M	4M	5M	4M			6	6
O15-1	4B	5B	4B	5B	4B	5B	4B	5B	4B			12	12
O17-1	5A	4	5A	4	5A	4	5A	4	5A			7	7
O16-2	5M	4	5M	4	5M	4	5M	4	5M			8	8
MO13-1	5B	4	5B	4	5B	4	5B	4	5B			9	9
20.15	#1Di	#1Do	#2Di	#2Do	#3Di	#3Do	#4Di	#4D0	#5Di			Di	Do
S1	4	4	4	4	4	4	4	4	4			2	2
VR1Zon	5A	5A	5A	5A	5A	5A	5A	5A	5A			10	10
VR1ZAT	5M	5M	5M	5M	5M	5M	5M	5M	5M			11	11
VR30+1&2												1	
O19-1	5B	5B	5B	5B	5B	5B	5B	5B	5B			3	3
O23-1													1

#	Weeknr.	Maandag
1		
2		
3		
4		
5		
6		

CLUBHUIS

4A1	4M1	4B1
4A2	4M2	4B2
5A1	5M1	5B1
5A2	5M2	5B2

LET OP:

"A" is de zijde woonwijk!

CLUBHUIS

4A	4M	4B
5A	5M	5B

CLUBHUIS

4A		4B
5A	5M	5B